



## Community Guidelines

We do not tolerate objectionable content or abusive Users on the Platform. Flowell employs multiple strategies to ensure everything you create complies with this commitment, including:

- A method for filtering objectionable content,
- A way for you to report objectionable content, and
- A mechanism for shutting down Classes on Flowell that violate these Terms.

If you have an account with Flowell or participate in Classes (whether Instructor or Student), you are part of Flowell's community. We hope that you will contribute to and benefit from Flowell's community, and we have created these Community Guidelines to shape and guide the community as it grows.

Flowell is committed to leading a community of Users that align with and adhere to its values, as listed below:

1. We aspire to fuel your passion.
2. We inspire confidence in ourselves and each other.
3. We listen to learn and iterate to elevate.
4. We celebrate acceptance and empower your unique potential.
5. We uplift the underrepresented & amplify respect and belonging.
6. We create experiences that help you find joy.
7. We are committed to the process of creating clarity.
8. We are all caretakers of our community's integrity.

Above all, we want Flowell to be a place where you will feel safe and supported. With that in mind, please don't do anything that is the following:

- a. deliberately designed to provoke or antagonize people, especially trolling and bullying, or is intended to harass, harm, hurt, scare, distress, embarrass or upset people, including self-harm;
- b. racist or discriminatory, including discrimination on the basis of someone's race, religion, age, gender, disability or sexuality;
- c. defamatory of any person, obscene, offensive, pornographic, hateful (including promotion of hate speech or violence) or inflammatory;
- d. provides any medical, financial or other licensed advice, whether or not you have a license;
- e. uses the Platform for any unsolicited advertising material, junk email, chain letters, automated, duplicative or unsolicited messages, pyramid schemes or spam;
- f. distributes or otherwise abuses any private information of any third party (including Instructors with access to Student information using it for any purposes unrelated to Flowell);
- g. makes available any material or content of any type, including videos embedded on Flowell from a third party hosting site, to Users which does or may infringe any copyright, trademark or other intellectual property, proprietary, or privacy rights of any other person;
- h. causes Flowell to violate any applicable law, rule, or regulation, including those regarding the export of technical data;
- i. uses the Platform or encourages someone to use the Platform for terrorist activity, money laundering, fraud, gambling or another criminal offense; or
- j. copies or stores any significant portion of User Content (as defined below) for personal use, unless allowed by Flowell.

This list is not exhaustive, but gives a good idea of how we want our community to run. Your access to and use of the Platform is subject to the

Terms and Community Guidelines, as well as all applicable laws and regulations in the jurisdiction where you are accessing the Platform.

We rely on you to report content that you find inappropriate or objectionable. Reporting content is anonymous, so other Users can't tell who initiated it. These Terms apply to Classes and any other content on Flowell, including messages you may send or receive.

You can report any other User or their content, including messages. Reported Users and content are reviewed by the Flowell team.

If we, in our sole discretion, determine that any action, Account and/or User Content (as defined in Flowell's User Terms and Conditions) are in violation of our policies, we will take action (ranging from a warning to permanently suspending the account and/or ending the Class/deleting/removing any associated content). The User whose content is acted upon will receive an email from us when we take action on the reported Account and/or videos, so that they can contact us with any relevant information that they think we have not considered. However, the final decision is always subject to our sole discretion.

Flowell reserves the right to remove or disable access to content or an Account for any reason, including violations of the Community Guidelines above. In most situations, we strive to work with Users to resolve any potential issues or violations and allow the User to continue to use Flowell. Terminating an Account is not an action we take lightly. However, we reserve the right to do so at our sole discretion.